



the Rockfish Reader

All the News from RVCC



May 2013

Greetings From RVCC!

From Executive Director Stu Mills:

“Stuff Happens” – albeit slowly...

One doesn't always look forward to a conversation with the County Health Department, but this time was an exception. We got the call Tuesday morning, and after months of planning, we finally have our permit to begin work on the replacement of the main septic system at RVCC. I, for one, will not miss the long walks to the other end of the building to fill the coffee pot in the morning, and do other “stuff!”

Having the permit is a good start, but it begs the question as to how we're going to fund the project. That's where some other good news comes in – I'm happy to report that we have received two matching grants to date to help with the septic and other building repair/replacement issues. We need to raise at least \$7,000 to earn a match of \$20,000 from the larger of the grants, and a third grant application, still pending, could potentially provide those base dollars for us. So keep your fingers crossed for us.

Speaking of fundraising, I'm also glad to let everyone know that we passed the 400-member mark in April for the first time in recent memory. Thanks to all of you who have “Remembered to Re-Member” this year, and equally for all you first-timers. For those who haven't re-upped yet – there's still time to claim your piece of The Rock. Please help us realize our “Drive for Five” – a lofty goal of reaching 500 members this year – only 82 to go!

I wish I had better news to report on the “What's Your Sign?” campaign, however. After two months, we've raised a total of \$325 toward our goal of \$1,200 to finally put up a new sign at the corner of the Rockfish School Lane and Rockfish Valley Highway (Rt. 151). Leos and Libras are now tied for the lead with \$100 in donations, followed closely by Cancers (\$75). Aries and Capricorns have also been heard from, but how about you Aquarians, Sagittarians Tauruses and others? You can read more on the website, but your \$25 helps us build the sign, **and** gets you a chance to have your chart read by renowned astrologer (and Rock member) Scooter McMoneagle!

I hope everyone is enjoying this remarkably spring-like weather, and I hope we'll enjoy it together this Saturday as we “raze the roof” over the old theater. I'll be wearing my RVCC Volunteer hat... how about you?

As always – thanks for everything you do!

First Saturday, May 4: Pancake Breakfast and Bag Day!



The First Saturday is here!

Join us for our community Pancake Breakfast—buttermilk pancakes, blueberry pancakes, bacon, sausage, scrambled eggs, coffee and OJ and good company. Then go find a great deal at the Treasure Chest! Breakfast is served from 8:30am-10:30am and the Treasure Chest opens at 9am.

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COMING EVENTS AT RVCC

5/4: First Saturday – Pancake Breakfast & Bag Day

5/8: Legislative Breakfast

5/10: Coffee House Music Series w/Alex Caton & Dick Harrington

5/11: Red Cross Blood Drive



Sat., May 4: Roof Repair Project

On Saturday, May 4, we're teaming up with the [Building Goodness Foundation](#) and the [Nelson County Home Builders Association](#) to repair a section of our roof that was damaged during last summer's derecho. We'll be



spending this day stripping off the shingles and repairing the water-damaged areas of the roof over the portion of the building that houses the Treasure Chest and the Rockfish Lounge. We are so grateful to these two organizations for their assistance--we would not be able to tackle this project without them!

We'll be working from approximately 7am on, and could use as many additional hands as we can get—you are welcome to pitch in for any portion of the day that suits you! We'll fill you up with a free pancake breakfast, cookout-style lunch, and lots and lots of gratitude.

If you can help, please contact the RVCC Office at rockfishcc@gmail.com or 434-361-0100.

Wednesday, May 8: Legislative Wrap-Up Breakfast



The Nelson County Chamber of Commerce will host a Legislative Wrap-Up Breakfast at RVCC on Wednesday, May 8, at 8:00am. This is an opportunity to come hear the latest news on the 2013 General Assembly legislation and speak directly to your elected representatives. Speakers will be [Senator Creigh Deeds](#), [Delegate Richard "Dickie" Bell](#), and [Delegate Matt Farris](#). All Nelson County residents are welcome to attend, but reservations are necessary!

Legislative Breakfast

Cost: \$8.00 for Chamber Members, \$10 for non-members.

Doors open at 7:30am, Breakfast served at 8:00am.

Please RSVP by May 3 to Elaine Hooker at Ehooker03@aol.com or 434-962- 5022.



Friday, May 10: Coffee House Music Series—Alex Caton and Dick Harrington

Oldtime, Irish, Bluegrass & Gypsy Tunes

Alex Caton: "Forget everything you know--or thought you knew--about old time, Irish standards, bluegrass...gypsy airs (do you really know anything about gypsy airs?), today's music and tomorrow's rhythms. When Alex Caton picks up her fiddle (after putting down her whiskey) all bets are off, all expectations shatter, all preferences and preconceived notions dissolve as fast as a summer storm over the Appalachians or a windy gale on the Kerry coast. And the music made by that exquisite fairy sprite on stage (trust us, there's a magic about her) will make tunes sound fresher and more real than the moment they were first played. Your re-education--and sublime enjoyment--have begun. Alex--and her music--are just plain COOL. "www.alexcaton.com



Dick Harrington: Guitarist/singer Dick Harrington holds each of his musical projects together with his force-of-nature guitar playing and his powerful vocal leads and harmonies (for which he won first place in the "folk song" category at the Mt. Airy festival). Dick credits the traditional singing of his Scots-Irish grandmother and the influence of longtime friends Pete and Ellen Vigour for his love of old-time music. In the '90s he developed an avid following as guitar player, fiddler, and duet singer with Victoria Young in the Afton Mountain String Band. He also performs with the Troublesome Creek String Band and the Albemarle Ramblers.

Friday, May 10
7:00--9:00pm, \$7 cover
In the Rockfish Lounge
Refreshments available

WHO ARE OUR TENANTS?

[Carol De La Herran:](#)
[Reiki](#)

[Claudia Gibson Catering](#)

[Susan Gorman:](#)
[Derby Vixen](#)

[Habitat for Humanity](#)

[Sallie Justice:](#)
[Life Coaching](#)

[Cathy Kiehl: Art Therapy](#)

[David Lipscomb:](#)
[Virginia Rock Shop](#)

[K Robins Designs:](#)
[Symbolic Jewelry](#)

[Mitchell Webster:](#)
[Heritage Basket Studio & Caning](#)

[Rosalba Valentino](#)
[Designs](#)

[Karen Walker-Cooke](#)
[Core Fitness Synergy](#)

"Stuff" Happens!

2013 greeted us with a new and unexpected challenge: the **failure of our primary septic system**. We've been able to limp along by using the secondary system by the Treasure Chest. The cost of replacing the main system will likely exceed **\$20,000**.

As we all know, "Stuff" happens! Any contribution you could make to help us deal with this "stuff" would be immensely appreciated.

[Click Here](#) or go to the "Stuff Happens" page at www.rockfishcc.org if you would like to make a donation to help us meet this challenge!



Saturday, May 11: Red Cross Blood Drive

"The need is constant. The gratification is instant. Give blood."

The **Red Cross Blood Drive** returns to RVCC in May...please sign up to donate today!* It only takes a few minutes of your time to donate, and just one donation can help save the lives of up to three people. If you can help, contact the RVCC office at 434-361-0100 or email rockfishcc@gmail.com. For more information about the donation process, or to schedule your donation online, visit www.redcrossblood.org.



This drive is sponsored by **Blue Mountain Brewery!**
The first 20 donors will receive a \$10 coupon for Blue Mountain, so sign up today!

Red Cross Blood Drive—Saturday, May 11
9:30am—1:30pm

**Please note: If you need to donate at a particular time, you must sign up in advance for your desired time slot. Time slots are every 15 minutes between 9:30am and 1:30pm.*

Saturday, June 1: Quilt Exhibit Opening & Artist Reception

The **Nelson Quilters** and the **Loose Threads Quilters** are both chapters of the Charlottesville Area Quilters Guild, which is an "umbrella" organization for five groups of quilters in Charlottesville area. The guild presents a bi-annual quilt show, annual workshops for members and guests, and two yearly QuiltFests where members meet to share quilting ideas and experiences. Each chapter also produces quilts in support of local and national community organizations.



Nelson Quilters was formed by four residents of Nelson County who were members of the Crozet Chapter of the Charlottesville Area Quilters Guild. From the beginning, community service has been an important part of their work. They have made raffle quilts for various organizations, and donate quilts every year to the Rainbow of Hope auction. They provide quilts for children through various programs, both locally and in Charlottesville. Recently, quilts also went to the Wounded Warriors program. This year, five of their members won ribbons at the CAQG show.

Loose Threads Quilters began as just a few members meeting in each other's homes to quilt and chat, but soon outgrew those quarters. Now Loose Threads has a permanent home at the Tuckahoe School Community Center at the entrance to Stoney Creek in Nellysford. Typical projects include quilting challenges, round robin and mystery quilts, producing Quilts of Valor for returning members of the military, and providing nap quilts for the pre-kindergarten class at Rockfish Elementary School. Members participate as contestants and workshop attendees in local and national quilt shows and shop hops.



Exhibit Opening and Artists' Reception
Saturday, June 1, 4:00—6:30pm
In the RVCC Auditorium
Refreshments served

Rooms for Rent at RVCC



RVCC has rooms available for rent for your shop, studio, or workroom. If you have a small business or a side project that has expanded beyond what you can do from your home—or if you **want** to expand beyond what you can do from home—consider joining our artisan community by renting a room at RVCC. Available rooms are 600sf and up, are reasonably priced, and include utilities.

If you are interested in exploring what you might be able to do with your own room at the Rockfish Valley Community Center, please contact us: 434-361-0100 or rockfishcc@gmail.com. We would love to provide the space for the next stage of your creative venture.

WHO ARE OUR TEACHERS?

Yoga

[Martina Compton](#) | [Sandra Pleasants](#) | [Brian Webb](#) | [Karen Walker-Cooke](#)

Fitness & Zumba

[Karen Walker-Cooke](#) | [Heidi Davis](#) | [Katyusha Fogg](#)

Driver Training

[Alexander Driving School](#)

Life Coaching

[Sallie Justice](#)

Weight Watchers

[Karen Asher](#)

Sewing Instruction

[Rosalba Valentino](#)

Zero Balancing

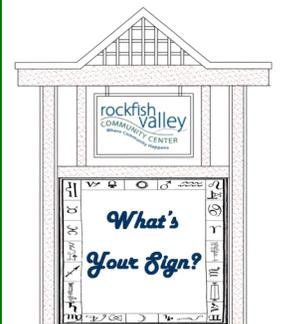
[Elizabeth Martin](#)

Tae Kwon Do

[Larry Cabaniss](#)

QiGong: [Brian Wright](#)

For full class schedule, visit www.rockfishcc.org



Help us build our new (and long overdue) sign on Rt. 151, and win a free astrological reading! Details on the "What's Your Sign?" page at rockfishcc.org.



Treasure Chest News

The Treasure Chest is now **open til 6pm** on Thursdays! The Thrift Store is hoping to meet the needs of customers and members who might like to do their shopping after work. If the idea is well-received, the store will eventually offer later hours more often. In addition to the new hours, the Treasure Chest is expanding the member discount policy: RVCC members can now get **10% off** their purchases every day that the TC is open! Don't forget—the Treasure Chest is now accepting furniture donations. Stop by and check out the new furniture department, and take advantage of that member discount!

Check out our “Nice Pants!” Sale

For the month of May, the Treasure Chest is offering a bag sale on all jeans, slacks, and pants. Get as many pairs of pants as you can fit in a bag for just \$10!



Treasure Chest Hours:

Tues, Wed, Fri. 10am – 4pm, Thurs. 10am – 6pm, Saturdays 9am – 4pm

New Classes at RVCC

New Strength Training Class at Core Fitness Synergy: Core Cuts & Curves

Core Cuts is a complete sculpting, strength, and core training class. The program design includes super-setting, super-slow, traditional and non-traditional strength training to optimize muscle development and increased metabolism. Tuesdays at 9am. Contact Karen Walker-Cooke at kwcooke@earthlink.net to register.

Beginning June 13: Songwriting Classes with Blue O'Connell

Six-week session held on Thursdays from 7—8pm. Each class will focus on different aspects of songwriting. Topics include lyric & melody writing, chord progressions, musical textures, overcoming writer's block, collaborating with other musicians, and more. Contact Blue for more info: blueoconnell@gmail.com

Beginning June 18: Kids' Core Fit Summer Camp

An active day camp including gardening, Zumba, yoga movement, gymnastics, boot camp, active artistic play, nature hiking and more! For more info, contact Karen Walker-Cooke at kwcooke@earthlink.net.

Upcoming Events at RVCC

- 5/4: First Saturday: Pancake Breakfast & Treasure Chest Bag Day
- 5/8: Legislative Breakfast w/Creigh Deeds, Richard Bell, & Matt Farris. 8am, RSVP required.
- 5/10: Coffee House Music Series—Alex Caton & Dick Harrington, 7:00—9:00pm.
- 5/11: Red Cross Blood Drive, 9:30am—1:30pm.
- 6/1: Quilt Exhibit Opening & Artists' Reception, 4:30—6:00pm.

For a full schedule of events, workshops and classes, visit www.rockfishcc.org.

Please update your address books! Our email is rockfishcc@gmail.com

www.rockfishcc.org

190 Rockfish School Ln | Afton, Va 22920

RVCC Office: 434-361-0100 | Treasure Chest: 434-361-0103

WHO'S OUR TEAM?

RVCC Board of Directors 2013

President

Gifford Childs

Vice President

Sarah Jane Stewart

Treasurer

Cheryl Klueh

Directors

Sue Chase

Chuck Kiehl

Bill Perrelli

Bob Yoder

Rob Cooke

Sharon Gress

Elaine Weems

Phil Hearne

RVCC Staff

Executive Director

G. Stuart Mills

Operations Manager

Sara Taylor

Treasure Chest

Manager

Marie Dennis

Assistant Managers

Betsy Greenleaf

Eleanor Massie

Remember to Re

-Member!

2013 Memberships are now
due...

[Click here to join or
renew](#)

[Check out our NEW](#)



[facebook page!](#)

Volunteers and members needed!

We invite you to join us at the Rockfish Valley Community Center...

Where Community Happens!