



the Rockfish Reader

All the News from RVCC



January 2013

Greetings From RVCC!

From Executive Director Stu Mills:

Happy New Year from The Rock!

Friday, December 7th was a day I'll never forget.

It hadn't been a great week. After a promising start on the *Floor Us!* Campaign, donations had just been trickling in after Rockfish Nights, and so I had been worrying about how we could reinvigorate the fundraising effort. Then the FedEx man arrived around 2:30 PM with an early Christmas present - a check for \$5,000 to complete the campaign. I was floored, to put it mildly, and we can't wait to get started on the refinishing next month.

That was also the week following the Grinch's visit, as you may recall. We were short a dozen or so Christmas trees, and I was concerned about how we could make up the loss in potential revenue they represented. Then as I was leaving that evening, I remembered that I hadn't checked the mailbox, so I opened it up and a single envelope was inside, addressed to me in labored handwriting. In it was a note from a man I had met here a couple of days earlier, saying how upset he had been to hear of the theft, and hoping that his enclosed check for \$500 would help cover our losses. It sure did, bud - and 2012 turned out to be our best year ever for tree sales.

You are our Rock Center Angels, and we thank you for your extraordinary generosity.

We have lots of angels around here, including all of you who have "Remembered to Re-Member" so far. Thanks for your continued support, and special thanks to all of you who have pitched in additional donations with your 2013 dues. New challenges, including the need to replace most of the 70+ year-old septic system, are putting serious strains on our budget, and I want to personally appeal to each of you who has not yet done so to renew your memberships soon. Of course you can do that [on our website](#), at the Treasure Chest, or here in the office. Thanks.

Lots of exciting events on the books and projects in the planning stages, so I hope you'll take a few minutes to read about them here, and sync your calendars with ours. And please - when you're in this neck of the woods - stop in to say hi. You're always welcome and there's always coffee in the pot here at The Rock!

First Saturday: Pancake Breakfast and Bag Day! Jan. 5, 2013

The First Saturday is here! Join us for our community Pancake Breakfast—buttermilk pancakes, blueberry pancakes, bacon, sausage, scrambled eggs, coffee and OJ and good company. Then go find a great deal at the Treasure Chest! Breakfast is served from 8:30am-10:30am and the Treasure Chest opens at 9am.



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COMING EVENTS AT RVCC

1/5: Pancake Breakfast & TC Bag Day, Red Cross Blood Drive, Jim Brewer Exhibit

1/12: Miss Giving Hope

1/18: Coffee House Music: Barbara Martin & Liz Barnes

12/26: WPA presents Inscape Quartet

2/2: Winter Market, Pancake Breakfast, Winter Sock Hop

2/9: Photography Exhibit

Broadband News

Blue Ridge InternetWorks has been chosen to manage the new 30-mile fiber-optic network in Nelson, and will also be a private internet service provider using the network to deliver high-speed Internet services to customers within the County. BRI is currently assessing the concentration of need for service. Due to the challenges of Nelson county topography, BRI will be analyzing the network on a case-by-case basis. This requires citizen and business feedback and input. BRI has requested that consumers go to their website or call to register interest. If you live or work in Nelson County, tell BRI where you need high speed Internet by visiting <http://www.briworks.com/access/broadband-in-nelson> or call 434-951-7999 to give BRI your information.

Also, **Stewart Computer Services** expects to provide high-speed internet access to the Afton Area beginning in January. If you live or work between Afton and Avon and would like more information, please contact Clay Stewart at 434-263-6363 or cstewart@stewartcomputerservices.com, and provide your address and contact info.



WHO ARE OUR TENANTS?

[Alexander Driving School](#)

[Carol De La Herran: Reiki](#)

[Claudia Gibson Catering](#)

[Susan Gorman:
Derby Vixen](#)

[Habitat for Humanity](#)

[John Helfrick:
Afton Laser Arts](#)

[Sallie Justice:
Life Coaching](#)

[Cathy Kiehl: Art Therapy](#)

[David Lipscomb:
Virginia Rock Shop](#)

[K Robins Designs:
Symbolic Jewelry](#)

[Mitchell Webster:
Heritage Basket Studio &
Caning](#)

[Rosalba Valentino
Designs](#)

[Karen Walker-Cooke
Core Fitness Synergy](#)

Red Cross Blood Drive Comes to RVCC Jan. 5

Saturday, January 5, 9:30am-2:30pm

This drive is being sponsored by **Blue Mountain Brewery!** The first 50 donors to sign up will receive a **\$10 coupon** at the registration table the day of the drive. The coupon can be spent on any food and beverage at Blue Mountain Brewery.



"The need is constant. The gratification is instant. Give blood."

Just one donation can help save the lives of up to three people...please sign up to donate today! It only takes a few minutes of your time to donate, and you can replenish at the **Pancake Breakfast!** If you can help, contact the RVCC office at 434-361-0100 or email rockfishcc@gmail.com. For more information about the donation process, or to sign up online, visit www.redcrossblood.org.



January 5: Jim Brewer Art Exhibit and Reception



"In any genre--figurative, landscape, still-life or abstract--my approach is an inelegant process of applying paint and then making "corrections", without attempting to entirely hide them. Rather, the strokes, wipes and scrapes are made so as to leave behind some record of the painting process; pentimenti they are called. Oil paint is especially well-suited to this as it can be used transparently or opaquely. As a practical matter, the painting is finished when the last, say, five attempts to improve it have failed. Then, the "fixes" are fixed and the painting declares itself done." --Jim Brewer

Come and ponder the abstract paintings of local artist **Jim Brewer** throughout the month of January, in RVCC's main hall. All are welcome to attend a wine and cheese reception introducing the new exhibit on Saturday, January 5th

from 4:00pm until 5:30 pm.

Jim lives in beautiful Fortune's Cove with his lovely wife and daughter. While he has no formal art training, he borrows liberally from Matisse, deKooning, Bonnard, and Diebenkorn, and primarily works in oils.

Jim Brewer Opening & Reception
Saturday, January 5
4pm-5:30pm
Refreshments available

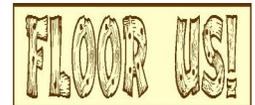
Coming February 9:

Photography Exhibit Featuring Laura Parker, Sarah Loken and Patrick Parrish!

January 12: Miss Giving Hope Pageant

The Giving Hope Foundation presents the Miss Giving Hope Pageant

The Miss Giving Hope Pageant 2013 will be at RVCC on **Saturday, January 12, at 3pm**. Categories range from "Baby Miss" to "Teen Miss" and up, including casual wear, calendar wear and formal wear. The Giving Hope Award will go to the participant who raises the most money in each age group. All proceeds from this event benefit Nelson County's Giving Hope Foundation. For more information, visit http://www.givinghopefoundationinc.org/Events___Donations_FTO7.html.



Our campaign to refinish the beautiful maple floors throughout RVCC is complete! Thank you—you have **Floored Us!**

Treasure Chest
Hours:

Tuesday-Friday

10am-4pm

Saturday

9am-4pm

(434) 361-0103

rvccthriftstore@gmail.com



January 18: Coffee House Music Series featuring Barbara Martin & Liz Barnes

Sophisticated Blues, Soulful Jazz Trio w/Tom Harbeck

What happens when you put two spunky and accomplished female blues/jazz musicians together on the same stage? When it's jazz pianist Liz Barnes and guitarist/vocalist Barbara Martin, you get an exciting musical synergy that lovers of blues and jazz won't want to miss. Whether in an intimate musical setting or on a larger stage, Liz Barnes & Barbara Martin are known for engaging the audience with skillful, entertaining and emotionally-charged performances.

Liz and Barbara have each made significant names for themselves in more than 20 years of composing, touring, recording and teaching, and in 2012 they are melding their considerable talents to partner as Liz Barnes & Barbara Martin. "We love gigs where we can play off each other's energetic stage presence and showcase our original work," says Barbara about working with Liz. "We believe our audiences thoroughly enjoy the way we mix playfulness with skillful musicianship. And it's great fun for us."

To listen or get more information, visit www.lizbarnes.net and www.barbaramartinmusic.com.

Barbara Martin & Liz Barnes

Friday, January 18, 2013 7pm

\$10/adults, \$7/teens

Refreshments available



January 26: WPA presents Inscape Quartet

Presented by Wintergreen Performing Arts, Inscape Quartet features Rebecca Racusin, violin; Sarah D'Angelo, violin; Megan Yanik, viola; Jessica Sammis, cello and special guest Evan Solomon on bass clarinet. This program will include the string quartets of Claude Debussy and Maurice Ravel and a work for bass clarinet and string quartet (Con Slancio) by Justin Boyer.



Call [434-325-8292](tel:434-325-8292) for more information.

Inscape Quartet

Saturday, January 26, 2013; 7:30 pm

Tickets are \$30 in advance and \$35.00 at the door.

Treasure Chest to open Furniture Department!

December at The Treasure Chest ended the year in outstanding fashion, with one of the busiest months in our history. Holiday donations were abundant, and shoppers were very pleased to find wonderful gifts, beautiful Christmas ornaments, décor, and festive attire.

The Treasure Chest is excited to announce that an expansion of space will soon allow us to accept donations of furniture! Acceptable donations will include items in re-sale value shape, including tables, shelves, desks, bookcases, chairs, lamps and some upholstered items (if clean and intact). Please keep in mind when deciding what kind of donations will benefit RVCC, that furniture that is in need of repair, is stained, torn or has pet hair are not suitable for re-sale. We will also be unable to accept mattresses, box springs, sofa beds, water beds, press-board furniture or rickety items.

Stay tuned to our website for an update of when we'll be ready to begin accepting those furniture donations, and thanks to our donors, shoppers and volunteers for a wonderful 2012. 2013 promises to be even better!

WHO ARE OUR TEACHERS?

Yoga

Martina Compton | Sandra Pleasants | Brian Webb | Karen Walker-Cooke

Fitness & Zumba

Karen Walker-Cooke | Heidi Davis

Driver Training

Leslie Alexander

Life Coaching

Sallie Justice

Weight Watchers

Karen Asher

Sewing Instruction

Rosalba Valentino

Zero Balancing

Elizabeth Martin

For a full class schedule, visit www.rockfishcc.org



**Electronics
& Cork
Recycling**

Do you have broken electronics like these lying around?

- ◆ inkjet cartridges
- ◆ laser toners
- ◆ digital cameras
- ◆ iPods and other MP3 players
- ◆ Calculators
- ◆ Laptops
- ◆ GPS devices
- ◆ cell phones

You can recycle these items and your corks and donate the proceeds to the Center! Just put them in the box in the front foyer, and the Funding Factory will recycle them.



Saturday, February 2: 2nd Annual Winter Sock Hop

Take off the winter chill and have some fun at the **Second Annual Winter Sock Hop!**

What did you dance to in the 40s, 50s, 60s, 70s and 80s? **DJ Ed** is taking requests, so show us your favorite dance moves! Dig out your poodle skirt or come as you are...and if you're too young to remember Sock Hops, just google it. Refreshments will include local beer and wine.

2nd Annual Winter Sock Hop

Saturday, February 2 7:30-11:00pm

\$5/members, \$10/non-members

Email song requests to Pat at rockfishriverpottery@gmail.com.

Snow date: February 9



WHO'S OUR TEAM?

RVCC Board of Directors 2012-2013

President

Gifford Childs

Vice President

Sarah Jane Stewart

Treasurer

Bob Kinney

Directors

Sue Chase

Chuck Kiehl

Cheryl Klueh

Bill Perrelli

Bob Yoder

Rob Cooke

Sharon Gress

RVCC Staff

Executive Director

G. Stuart Mills

Operations Manager

Sara Taylor

Treasure Chest

Manager

Marie Dennis

Assistant Managers

Betsy Greenleaf

Eleanor Massie

New Classes at RVCC

Creative Changemakers Course—Finding a New Path to a Meaningful Life: This 8-week course is for you, if you're tired of settling, wishing you could have a more positive impact in your life, or frustrated about a lack of direction. This course will help you uncover your own vision for your life, learn how to use your "obstacles" to get where you want to go, take safe steps that move you steadily toward your vision, and cultivate a lifestyle that will sustain you while you go for your goals. Begins Mondays, Jan. 21. Contact Sallie Justice at salliejustice-coaching@gmail.com or call 434-962-3794.

Mindfulness Meditation Group w/Michael Penny: Meditation calms the mind and soothes the body. Practiced over a period of time, it changes your perspective on life and on the world. If you can sit, you can meditate. Sundays at 7pm, starting January 6. To join, please contact Michael at michael@savvyrest.com.

Core Circuit: This new cardio & strength circuit class uses a variety of equipment, stability balls, resistance bands, and weights for a total-body workout. Class begins January 7, 2013, Mondays at 6pm. Contact Karen at kwcooke@earthlink.net or call 434-989-0093. [Check out Core Fitness Synergy on Facebook!](#)

Upcoming Events at RVCC

1/5: **First Saturday!** Pancake Breakfast, Bag Day at the Treasure Chest, Breakfast open 8:30am-10:30am, Treasure Chest opens at 9am.

1/5: **Red Cross Blood Drive, 9:30am-2:30pm.** Sign up to donate at rockfishcc@gmail.com.

1/5: **January Art Exhibit & Reception: Jim Brewer, 4:00-5:30pm.**

1/12: **Giving Hope Foundation—Miss Giving Hope Pageant.**

1/18: **Coffee House Music: Barbara Martin & Liz Barnes, 7pm.**

1/26: **WPA presents Inscape Quartet, 7:30pm.**

2/2: **Winter Market, First Saturday, and 2nd Annual Sock Hop**

2/9: **February Photography Exhibit: Laura Parker, Sarah Loken & Patrick Parrish**

For a full schedule of ongoing workshops and classes, visit www.rockfishcc.org.

Please update your address books! Our new email is rockfishcc@gmail.com

www.rockfishcc.org

190 Rockfish School Ln | Afton, Va 22920

RVCC Office: 434-361-0100 | Treasure Chest: 434-361-0103

Remember to

Re-Member!

2013 Memberships are now due...

[Click here to join or renew](#)

[Check out our NEW](#)



[facebook page!](#)

Volunteers and members needed!

We invite you to join us at the Rockfish Valley Community Center...

Where Community Happens!